

# alzheimer's association

## Northeastern New York Chapter

The Alzheimer's Association of Northeastern New York provides information and referrals, support groups, care consultations, education, and safety services and engagement programs to those affected by the disease, and raises funds to support these efforts, as well as research for treatments, prevention and eventually a cure.

24/7 Helpline 1-800-272-3900

infoneny@alz.org

alz.org/northeasternny

Like us on Facebook at facebook.com/ALZNENY

Follow us on Twitter @ALZ\_NENY

### Thank you to our 2017 Chapter Partners



Alzheimer's Association of Northeastern New York  
4 Pine West Plaza, Suite 405  
Albany NY 12205

alzheimer's association®

## 2017 FULTON MONTGOMERY Caregiver Forum

presented by:



THE GOLDBERG FOUNDATION



Tuesday, April 11 | 9:30 am - 4:00 pm

Paul Nigra Center for Creative Arts  
2736 NY-30, Gloversville, NY 12078

Visit [www.alz.org/northeasternny](http://www.alz.org/northeasternny)  
and click on Upcoming Events

*This activity is supported in part by a grant from the  
New York State Department of Health.*

## JOIN US

for an inspiring day full of education, support and motivation for family caregivers of those with Alzheimer's or a related dementia. This forum will include educational workshops, information on local resources and support services, and comfort from others in similar situations. Attendees will be provided with lunch and have the opportunity to win a door raffle. There is a \$15 non-refundable registration fee.

## SCHEDULE

**Registration/Exhibits | 9:30 am - 10:15 am**

**Opening Session | 10:15 am - 11:30 am**

**Lunch | 11:15 am - 12:15 pm**

**Workshop 1 | 12:15 pm - 1:15 pm**

**Break/Exhibits | 1:15 pm - 1:30 pm**

**Workshop 2 | 1:30 pm - 2:30 pm**

**Break/Exhibits/Snack | 2:30 pm - 3:00 pm**

**Workshop 3 | 3:00 pm - 3:30 pm**

**Closing | 3:30 pm - 4:00 pm**

## WORKSHOP DESCRIPTIONS

### Opening Session

#### The Basics

**Erica Salamida, Alzheimer's Association of NENY**

This workshop provides a clear definition of Alzheimer's and dementia, identifies the stages, and offers strategies for caregiving throughout the disease progression. Workshop participants will learn to manage the daily challenges presented by Alzheimer's, as well as gain knowledge of what to expect as the disease progresses.

### Workshop 1

#### Legal and Financial Planning for Alzheimer's Disease

**Del B Salmon, Esq.**

In this interactive program participants will learn about the important legal and financial issues to consider, how to put plans in place, and how to access legal and financial resources near you.

### Workshop 2

#### Practical Techniques for Meaningful Engagement

**Molly McCann, Alzheimer's Association of NENY**

Engaging a loved one is incredibly important throughout the disease process. Using meaningful engagement techniques will allow your loved one to feel purposeful and stimulated at the same time. This workshop will discuss how practical yet therapeutic activities can be incorporated in daily routine and adapted throughout the day. This simple approach can help the caregiver to see that there are many opportunities throughout the day to use engagement to promote a better quality of life for those affected by the disease.

### Workshop 3

#### Community Services Available to You

This interactive panel discussion will provide attendees with an overview of community resources available within your region. Participants will hear two scenarios involving a caregiver and their loved one with dementia. They will explore the challenges faced along their journey and how they utilized available community services to help enhance quality of life.

## REGISTRATION

Please complete and mail to the address below or register online at [www.alz.org/northeasternny](http://www.alz.org/northeasternny).

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Your non-refundable forum fee of \$15 includes lunch, snack, and beverages.**

### Payment Information

Check enclosed  Amount: \_\_\_\_\_

*Checks payable to Alzheimer's Association of NENY*

### Please charge my:

Visa     MC     Discover     AmEx

Card #: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Security Code: \_\_\_\_\_

Billing address if different from above:  
\_\_\_\_\_

### Please mail completed registration to:

Alzheimer's Association of NENY, 4 Pine West Plaza Suite 405, Albany, NY 12205

**Questions?** E-mail [tgarmley@alz.org](mailto:tgarmley@alz.org) or call (518) 867-4999, x200 or register online at [www.alz.org/northeasternny](http://www.alz.org/northeasternny) and click on upcoming events